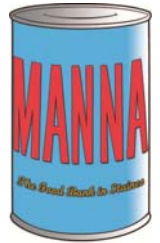



Manna Food Bank News Letter - May



Our Mission at Manna Food Bank


Manna – The Food Bank in Staines is a charity run by the Churches in Spelthorne. It targets families & individuals who other agencies [both statutory & voluntary] perceive as being in **emergency & immediate need** of food & household essentials.

Training and Introduction day held on Saturday 27th April was a success with a small but enthusiastic group interested in supporting Manna in all ways large and small. If you missed out or were unable to attend on that day and wish to know more why not pop along on a Tuesday morning or Wednesday evening and find out more???





Calling all 13 to 17 year olds –

Manna are please that there is to be a **Battle of the Bands** concert at St Peters church hall, Laleham Road, Staines, on Saturday 11th May from 7.00pm till 10.00pm
Admission is £3.00 (no re-entry)
Proceeds are to be shared between St Peters and Manna food bank Staines.



Why are Donations needed ???



We are now averaging 8-10 parcels per week ! and with each parcel we intend to supply some basic fresh foods too – Milk, butter, cheese & bread at least. These items are purchased locally on the day of delivery and the cash comes from our limited funds. So every penny is vitally needed. So far our thanks go out to the Middlesex Province relief fund. Thames Ladies Lunch Club, Staines Rotary Club, Poole House, Waitrose and The Spur and all other supporters of Manna



Taking the Strain



We are in **urgent** need of a four wheeled cart or trolley to help take the strain of carrying heavy loads from the food bank to volunteers cars , which sometimes are parked quite some way from the store. An average parcel consists of 5 to 10 bags depending on the family size. We now average 5 deliveries per session (12 -15 per week) - **A LOT OF BAG CARRYING !!!!!**

COMMON SHORTAGES!!!

As you can see from the above we are getting more referrals every week, which means we are needing more and more food, every week. If you know any companies that would be willing to help support Manna with regular food parcels please approach them or let us know.

Shelf - Sugar, Long life milk, carton juice, jelly, cook-in-sauce.

Tined - Spaghetti, Potatoes, kidney beans, tomatoes, carrots, peas, custard

Home – Shampoo, tooth paste, deodorant, Sanitary Towels, Bleach , **TOILET PAPER**

YOUR SUPPORT, IS NEEDED, EVERY WEEK. THANK YOU

If you have any comments or information for Manna Foodbank Staines newsletter, please send them to:-
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