Strengths in Practice
Strategies for supporting children, young people & adults to heal from trauma

Professional development for anyone working with children or young people who have experienced complex trauma.

**Aim:** This workshop is designed for anyone in the human services sector who is interested in basing their practice from a strengths-based perspective with the aim of building reflective, creative and effective client relationships! Informed by the work of Wayne McCashen, Eloise Neylon and St Luke’s in Bendigo we will discuss what the Strengths Approach looks like and how to change the focus of practice to identify, mobilise and celebrate the strengths in each person.

**Learning Outcomes:**
At the completion of the workshop participants will be able to:
1. Describe the core beliefs and principles of the Strengths Approach as proposed by Wayne McCashen.
2. Consider strengths-based principles and processes in individual and team practice.
3. Apply strengths-based thinking to relationship building and working with clients and colleagues.
4. Use a variety of strengths-based tools and processes to support clients to plan, problem-solve and develop meaningful goals.

**Details**
<table>
<thead>
<tr>
<th><strong>Date:</strong></th>
<th>March 9th 2017</th>
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<tbody>
<tr>
<td><strong>Time:</strong></td>
<td>9:30am - 3:30pm</td>
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<tr>
<td><strong>Price:</strong></td>
<td>$185.00 plus GST</td>
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<tr>
<td><strong>Venue:</strong></td>
<td>George Burnett Leisure Centre Cnr Manning Rd &amp; Elderfield Rd Karawara WA 6152</td>
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**About the Facilitator – Nicole Somerville**
Nicole is a workplace practice development leader and facilitator, having worked with individuals and teams to improve practice across the mental health, disability and aged care sectors. She is an experienced facilitator of ‘Strengths-based practice’, delivering workshops to both support workers and team supervisors. Nicole is committed to reflective practice and building capacity from a focus on identifying, mobilising and celebrating strengths. She currently works in mental health consultancy and holds a support coordination role for people funded through NDIS.

*Price Includes; Workbook, copy of the Powerpoint slides and a USB of additional reading. Tea, coffee, biscuits and a light sandwich & fruit lunch will be provided (please email us if you have special dietary requirements).
George Burnett Leisure Centre  
Cnr Manning Rd and Elderfield Rd  
Karawara  
WA 6152

Free Parking Provided