GETTING THERE
FIRST SIGHTS
This guy ran on my tin roof and kept me awake at night!

MONKEYS!
LAND AND RIVER SAFARI
UGANDA
ECONOMY AND AGRICULTURE

- Annual income: $280
- 86% of population earns < $1/day
- 23% of Children < 5 are underweight
- 36% of girls 5-14 work
- Agriculture for sustenance
- Time is spent gathering food/water/firewood/shelter
POLITICS

Years of Idi Amin (1971-79)
Museveni (1986-present)

- 1982 formed National Resistance Movement
- Re-elected numerous times (changed law of limited terms)
- Election: February 18, 2011
UGANDA INTERESTING FACTS:

- Population 28.2 million (Oregon < 4 million)
- 6% of the pop is over age 65 (highest concentration of people and lowest life expectancy).
- 50% of the population is under age 15 (US: 20%)
- Average Life Expectancy: 45-50 years
- 6th highest birth rate in the world: almost 1/20
- Lowest increases in development in the world
- Only 50% in central Africa can access clean water
- Main language is English (there are more than 50 tribal languages)
- 85% of Ugandans would describe themselves as Christian
- 11% Muslim (little or no friction between the two religions)

Briggs 2010
www.worldmapper.org
MULAGO HOSPITAL:
UGANDA’S NATIONAL REFERRAL HOSPITAL

Approx. 49% of pop have access to healthcare (WHO 2001)
Patients bring own supplies and medications
Patient must have a caregiver to provide linen, food, med supplies
MATERNAL CARE/FACTS

- Uganda has one of the highest maternal mortality rates in the world: 1/200 (Uganda Ministry of Health)
- Mothers go home early
- Mothers bring all supplies
- Records
- Deliver alone
- Fluids of infant must not mix with mother
- 1 in 4 who die will die of hemorrhage (preventable)
- Of 195 countries on earth, Uganda is among the 13 countries that share 70 per cent of all maternal deaths.

(www.savethemothers.org)
**MILENNIUM GOALS**

- **WHO:** Reduce deaths of children age 0-5 by 2/3 before 2015.
- 1/30 neonatal death rate, 1/10 in first year).
- 42% have a birth attendant.
- High infant mortality: (Rate 21 of 189 countries making up 70% of world’s infant deaths)
- Breastfeeding
SPECIAL CARE NURSERY

- 30% death rate
- Kangaroo Care
EQUIPMENT AND SUPPLIES
WHAT DO YOU MEAN, “NO SYRINGES?!"
DAILY ROUTINES

• Start/restart PIVs
• Administer NS/D10/Meds
• Secure/preserve supplies
• Teach mothers
• Insert OG tubes
• Juggle/share limited equipment between infants
• Draw up meds/fluids in bulk
• Admit
• Kangaroo Clinic
Most common causes of infant admission, morbidity and mortality:
- Asphyxia
- Hypothermia
- Sepsis
- Respiratory Distress
SPECIAL CARE NURSERY
A SPECIAL LITTLE GUY
AN OPPORTUNITY TO TEACH
THE CULTURE...

- Concept of Time
- Mzungu
- Using fingers to eat
- Morning tea
- “One more” person can always fit in a taxi
- Relationships
- Daily Life


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